Gene McConnell

Gene McConnell, founder and president of Authentic Relationships International, is a former pastor and recovered sex addict. He frequently addresses public and professional

forums and is widely respected as an expert on the issues of pornography, sexual addiction and abuse, and understanding the roots of shame. Gene resides in Anchorage, Alaska, enjoys fishing, the beauty of the Alaskan wilderness and his friendships with his "Authentic Community."



Aaron J. Reinicke, MFT

Aaron J. Reinicke is a Licensed Marriage & Family Therapist and founder and director of Reinicke Counseling Associates (RCA), a Christian counseling practice with offices in Mission Valley, Rancho Bernardo, and Carlsbad. For 25 years

Aaron has worked extensively with men battling for sexual integrity and helps couples restore their relationships. Aaron loves adventures of all kinds including a 29-year marriage to his best friend, Melinda, parenting five children, mountain biking, white water kayaking, backpacking, and world missions.



Dr. Melinda Reinicke

Dr. Melinda Reinicke is a Licensed Psychologist and married to a wild man for God named Aaron. She credits the most valuable training in psychology as being the mother of five children. Her book, *Parables for Personal Growth*,

deals with the variety of life issues for adults through parables, journaling, and experiential exercises. Dr. Reinicke works with depression and anxiety, survivors of trauma, and spouses of sex addicts. She is known for her presentations which are practical, heartfelt, and sprinkled with humor.



No childcare is provided. This conference is for adult men and teen boys when accompanied by an adult.

UNLEASHED IN

Warming Up to Real Life How Authentic Relationships Fuel Sexual Integrity

Shame

Shame is at the core of all sexual struggles and causes a person to hide from others. The basic belief is, "If someone sees the real me--so flawed, so damaged, so defective--they won't love me, I'll be alone."

Impact

His wife feels responsible for her husband's behavior, even though his problem existed long before she married him. She feels undesirable and unlovable. Discovering his betrayal feels like she's a failure and leads to hopelessness, rage and despair.

Relationships

Pornography and sexual struggles are anti-relational issues. Therefore, relationships will bring healing. It's a basic principle, but we often don't get it: When I'm hiding, the hidden part never receives love. I always wonder if I'm lovable. But if I open up, I'll receive grace and mercy to the extent I am open.

Healing

To receive God's healing you must bring whatever you're hiding into the open with trustworthy people. Books, videos, prayer, Bible verses—or even conferences—by themselves will not heal your shame. Healing comes in the context of community.

But encourage one another daily, as long as it is called Today, so that none of you may be hardened by sin's deceitfulness. Hebrews 3:13.

Therefore confess your sins to each other and pray for each other so that you may be healed. James 5:16



Personal, Marital or Group Counseling Reinicke Counseling Associates 619-298-8722 x101 • www.RCAcounseling.com LifeSpring Center, a non-profit 501(c)3 serving San Diego and beyond

-UNLEASHED IV-

Presented by: Unleashed San Diego and LifeSpring Center in cooperation with San Diego area churches

Warming Up to Real Life

How Authentic Relationships Fuel Sexual Integrity



Saturday November 13, 2010 8:00 a.m — 4:30 p.m.

Registration @ 7:15 a.m.

Location: The Rock Church (map inside)



Keynotes

The Journey to Authentic Manhood Gene McConnell

Becoming Authentic in a Broken World Gene McConnell

Living as Rescued Ones Aaron J. Reinicke

Testimonies

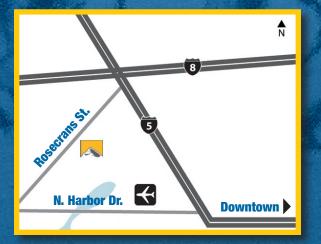
Restored Marriage Tony & Rosa Martinez

Gettin' Real Jon Stewart

Breaking Free Terry Remple

UNLEASHED IV will be held at: The Rock Church 2277 Rosecrans Street

San Diego, CA 92106 www.TheRockSanDiego.org



Workshops—Choose Two

Except for McConnell and Hughes, each workshop is available twice.

Getting to the Root: Gene McConnell – Whether you're dealing with porn, serial affairs, same-sex attraction, anger, self-hatred, cross-dressing, or fantasy and masturbation, the key is to look past the behavior and get to the root of the matter. (1st only)

Steps to Authentic Manhood: Gene McConnell – A man engages in recovery to become free from unhealthy sexual behavior. Learn to take the next steps to overcome shame. Find your authentic purpose as a man. (2nd only)

Whatever it Takes: Stuart Hughes – Understanding the magnitude of our sin and its impact on others should produce a desire in us to change. We realize the need, but it's easy to say things will be different without taking the practical steps necessary to create life-change. Find the road to long-term healing. (1st only)

Created for Community: Stuart Hughes – We've heard about the need for fellowship and close relationships to get through recovery. God's word illuminates the astounding connection between empowered relationship with our brothers and freedom from sin. Real life experience included. (2nd only)

Sex as God Meant It To Be: Aaron J. Reinicke and Dr. Melinda Reinicke – Can your love ever be good again after so much conflict? Yes! Gentle strategies and take-home exercises to leave the past behind. You and your wife can enjoy nurturing each other emotionally, spiritually and sexually.

Man to Man: Fathers and Sons Finding Common Ground on Sexuality: Andrew Last – Dads, do you want

to talk to your son about sex but don't know how? Sons, do you wish your dad and you could talk more openly about sex? Find keys to facilitate open dialog between fathers and sons. Even if your dad or son can't come, you're welcome to attend.

Launching a Sexual Integrity Ministry in Your Church: Terry Remple – See how one church is developing a sexual integrity ministry with groups that spark true and genuine life change empowered by the grace of Christ. Come develop a vision and plan for your church.

Restoring Your Marriage After Sexual Sin: Tony &

Rosa Martinez – Come hear one couple's story of restoration after sexual betrayal and divorce. Learn how forgiveness, faith, and hope can bring a couple closer together and rebuild a marriage. The principles, power, and persistence they have found will inspire you.





Conference Registration

Online: www.UnleashedWarriors.com



OR mail this form to: LifeSpring Center • Unleashed IV 2333 Camino del Rio South #250 San Diego, CA 92108

Early Registration: (received before 10/31/10) Group of 10+ men \$30.00/ea Individual \$39.00 Son w/ Father \$15.00* LUNCH INCLUDED Late Registration at the door: (lunch dependent on availability)

Individual \$49.00 Son w/ Father \$15.00* *with registered/paid father (we suggest 16 or older)

Number Attending*: Total Cost: \$ *2+: Please attach list of names and contact info
Name:
Address:
City:
State: Zip:
Email:
Phone: ()
Home Church:
Name on Card:
Card #: Exp:
VISA MasterCard AMERICAN
Please make checks payable to: "LifeSpring Center"

Refund Policy: A cancellation fee of \$10 will be charged for cancellations before October 29, 2010. No refunds will be given after October 29.